



**CAPE CARTERET
PRESBYTERIAN CHURCH**

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CAPE CARTERET, NC 28584
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JANUARY 2020

www.capecarteretpresbyterianchurch.org

“Do you know what forgiveness means? It’s a decision we make to release a person from the feelings of anger we have against them.”

Mister Rogers – A Beautiful Day in the Neighborhood

This past week I finally was able to watch A Beautiful Day in the Neighborhood. For those who may not know, it’s the new movie about Mister Rogers. Like many of my generation, I grew up with Daniel Striped Tiger, Lady Aberline, and King Friday XIII as a regular part of my weekly life. I sang along as Mister Rogers put on his red cardigan and his canvas Sperry’s. And I tried to take to heart the lessons he gently taught.

For the last few months, we have looked at various spiritual practices that we might incorporate into our daily lives. There is no one right practice. There is a reason there are so many different ones for us to “try on”. As we stand at the cusp of a new year, it seems appropriate to me that the practice we turn our attention to this month is forgiveness.

What is forgiveness? From a Biblical perspective it often is described in terms of wiping the slate clean, to pardon, or to cancel a debt. When we wrong someone, we seek his or her forgiveness in order for the relationship to be restored. It is an act of love, mercy, and grace. Scripture teaches us that because God forgives us – we are called to forgive others. Of course, as we all know, offering forgiveness or seeking to be forgiven can be a very difficult challenge for most of us.

Mister Rogers says this: “Forgiveness is a strange thing. It can sometimes be easier to forgive our enemies than our friends. It can be hardest of all to forgive people we love.” Isn’t this so true? Mister Rogers also often talked about forgiveness as a letting go of resentments. When was the last time you sat quietly and examined your heart for any resentments you might be holding? Acknowledging them is the first step towards being able to release them. Releasing them is the essential spiritual practice of forgiveness.

There is another aspect of forgiveness that we often forget. We become so focused on the need to forgive others that we forget the vital importance of forgiving ourselves. Many times for reasons of shame, fear, or anger, we beat ourselves up. We can forgive others, but we just can’t seem to find the way to release the hurt that we often have carried for a very long time. What might it feel like to begin 2020 by taking some time to once again find a quiet place to do some self-examination? Ask yourself: what is it that I can’t seem to let go about myself. Ask God to help you release whatever it is you are holding to, then draw strength from the beautiful truth that you are loved for who you are. This too is the spiritual practice of forgiveness.

May God bless us all as we begin this New Year together! I love you all!

Peace,
~Ben

Men and Women of the Church!

Just a reminder that the Christmas Decorations have to come down on Saturday, January 11th. We need your help! We need 2 teams. One for the decorations and one for the annual kitchen cleaning. Sign up sheets are in the narthex. Please find it in your heart to help!



The Men have stayed busy this month helping around the church as well as in the community. After a great breakfast, plans were begun for the Sweetheart Dinner on Feb 14th. Our next meeting will be on Jan 11th at 8:00 am. We will finalize our plans for Feb 14th and help put away the Christmas decorations. Plan to get your tickets for the Sweetheart Dinner when they go on sale next month. The meal will be prime rib with all the fixings.

WINTER BIBLE STUDY

The winter Bible study will begin on Tuesday 14 January 2020. We will be studying David Jeremiah's "Everything You Need" 8 essential steps to a life of confidence in the promises of God. For details or to register, please contact Joyce Brogdon at 252-393-8839 or Email her at joybrogdon7@gmail.com

Newsletter DEADLINE FRIDAY, JANUARY 27th

Articles for the FEBRUARY 2020 issue of the newsletter need to be submitted **MONDAY, JANUARY 27th**. Please bring any articles you wish to have included to the church office, or email to capecartertpres@gmail.com

There will be NO FELLOWSHIP LUNCHEON in January!

TRULY GRATEFUL

Dear CCPC Church Members,

Thank you so much for spreading kindness and joy this holiday season by buying gifts for a family at Bogue Sound. We send you our appreciation and the family feels so blessed! We hope you all have a wonderful holiday season.

With love,
Bogue Sound Elementary Staff



I would like to thank everyone for your thoughts and prayers for my mom, Betty Kilpatrick. She has healed wonderfully, and I know it was God's work.

Ann Swann



Our thoughts and prayers are with Jim and Terry Smith on the recent loss of Jim's sister.

HAPPY ANNIVERSARY

Frank & Niki Reich	1/01/80
Christopher & Lydia DeMars	1/05
Dave & Vera Fellows	1/23/82

JANUARY BIRTHDAYS

03	Lacey Ackerson	23	Kathryn Ackerson
11	Hannah Brown	23	Larry Harbolt
14	David Hollifield	24	Sara Williams
15	Greg Antonelli	24	Winston Mangus
15	Lynda Capps	24	Lawrence Smith
19	Mae Leo	27	Emmett Jones
20	Bob Blaylock	29	Katie Wood
22	Thumper Swann	31	Jannie Stewart